

# Toxic Healing

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*A very simple poem. I'm finally able to write.*

<https://www.lushstories.com/stories/love-poems/toxic-healing.aspx>

You're the absolute worst person for my mind. Your words sting far under the skin. So I look for a wall to hide behind. Even though I know it's thin. You're the absolute best person for my mind, too Your touch eases the pain of it all The haze, the numbness fades away from you. Which is why I still fall. We clash and rehash history Fighting hard Hurting repeatedly. Putting up our guards. Just help me figure out what it is you want. Of all my faults, you know I try. For you, I would in a heartbeat.